



# After-School Ski/Board Program

Welcome to CMS/Bolton Valley's After School Program! Our policy is **SAFETY FIRST**. We are working to set up a program that minimizes risk and maximizes fun and learning in the outdoors. The outdoor winter environment presents certain challenges, and our Safety Rules are designed to address these challenges. We ask that all participants follow our Safety Rules and that chaperones and participants help enforce them.

1. All beginners (Never Evers) are **REQUIRED** to take a package that includes a lesson.
2. Recommended equipment for all participants:
  - Hat or helmet
  - Eye protection (goggles)
  - Waterproof and warm gloves or mittens
  - Ski or snowboard pants (not jeans)
  - Winter parka
  - Scarf or neck warmer to protect face from cold and wind (Make sure all scarves & loose clothing are tucked in when boarding lifts!)
3. If you plan to ski or ride on your own equipment, get it checked and tuned at a ski shop **BEFORE** the After School program begins. (Bolton Valley Resort has hours before the program begins. Call 802- 434-3444 ext.1036 for more information.)
4. Know the Code
  - Ski/ride under control
  - Skiers/riders ahead of you have the right of way
  - Don't stop where you obstruct a trail or are not visible
  - When merging onto a trail, yield to uphill skiers/riders
  - Use retention devices (brakes or straps)
  - Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
  - Before using the lift, educate yourself as how to load properly
5. Ski/ride with a partner or a group. **Don't ski/ride alone.**
6. The same behavior and language that is acceptable at school is expected on the slopes and in the base lodge.

Participants in the After-School program are required to follow these "Safety Rules" or they will be removed from the program without a refund.